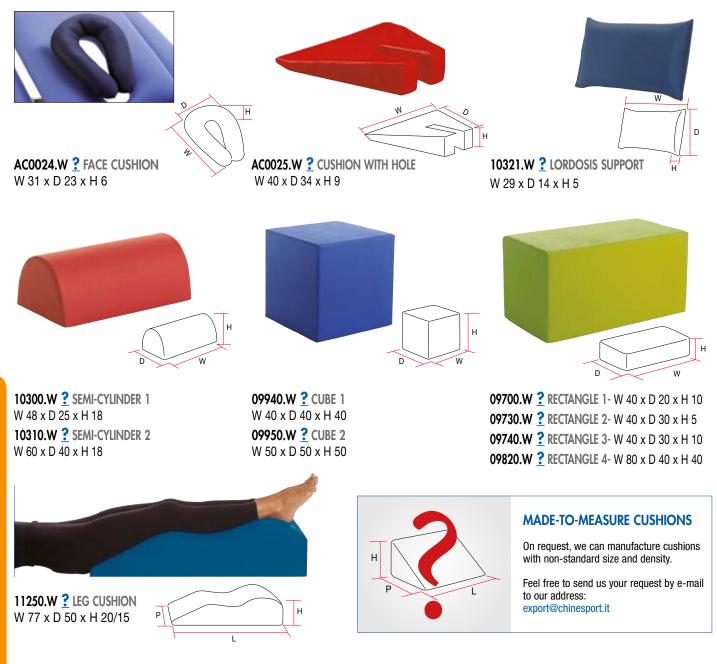
Cushions of various shapes and functions

CUSHIONS FOR POSTURE

Postural cushions are available in various shapes and sizes to meet the professional's varied requirements to position a patient correctly. Our cushions are made from variable density foam and have a synthetic leather cover which is fire-resistant and anti-bacterial, easy to clean and durable. Standard density is 21 kg/m³. Cushion covers have a zip for easy removal, and come in a choice of upholstery from an assortment of 24 color options. Cushions can be purchased in the same type of upholstery as the examination or therapy table.



KEY: W = width; D = depth; H = height; all dimensions are in centimeters (cm).

? CHOICE OF UPHOLSTERY COLOR - important: always specify the upholstery code along with the chosen item when this option is available.

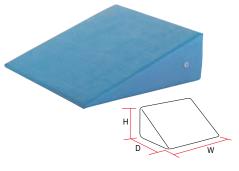


AEDICAL GYMNA

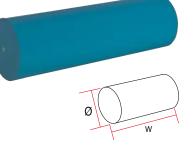
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Cushions of various shapes and functions Made in Italy

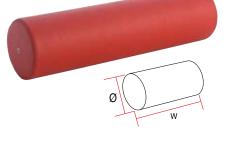




09600.W ? WEDGE 1 - W 25 x D 25 x H 10 09610.W ? WEDGE 2 W 35 x D 35 x H 10 09620.W ? WEDGE 3 - W 60 x D 45 x H 15 09630.W ? WEDGE 4 - W 60 x D 45 x H 30 **09640.W** ? WEDGE 5 - W 60 x D 60 x H 15 09650.W ? WEDGE 6 -W 60 x D 60 x H 20



10000.W ? CYLINDER 1 - W 20 x Ø 8 10010.W ? CYLINDER 2 - W 35 x Ø 15 10020.W ? CYLINDER 3 - W 50 x Ø 15 10030.W ? CYLINDER 4 - W 50 x Ø 25 10050.W ? CYLINDER 5 - W 100 x Ø 25



10130.W ? RIGID ROLL 1 - W 100 x Ø 30 10150.W ? RIGID ROLL 2 - W 100 x Ø 40 10160.W ? RIGID ROLL 3 - W 100 x Ø 50 10200.W ? RIGID ROLL 4 - W 50 x Ø 30



01449 POSTURAL CUSHION 100 - ø cm 19 x 17 01450 POSTURAL CUSHION 110 - ø cm 19 x 31 01451 POSTURAL CUSHION 120 - ø cm 25 x 37 01452 POSTURAL CUSHION 8 - cm 40 x 20 x 13 H 01453 POSTURAL CUSHION 88 - cm 50 x 28 x 13 H

01426 POSTURAL SET

This set includes 5 cushions, one for each type specified above, and a carry bag to store the items, size 33 x 33 x 56 h cm.

Cushions of various shapes and functions

10320.W ? PROPRIOCEPTIVE ROLL

This instrument helps the proprioceptive re-education of the rachis, the mobilization of the kyphosis and an effective antalgic action in presence of lumbar, dorsal or cervical ache. Laying for a few minutes on the roll produces complete relaxation, which combines with the gravity force gives a gradual decrease of the spinal curves, resulting in a nearly complete contact of the spinal column with the surface, achieved without any effort. Dimensions 110 x 17 cm. Density 30 kg/m³

COMBINING THE MOBILIZING OF THE DORSAL AND CERVICAL RACHIS

It is a very simple device but extremely helpful and efficacious created by a French therapist, Jean Teyssier. The patient lies down so that the spinal chord is in contact with the cylinder, especially a contact with the pelvis, with the dorsal vertebrae and with the occipital bone. When the patient feels that the low-back and cervical areas do not get into contact with the cylinder, the patient gets aware of the physiologic lordosis. These curves are more pronounced in patients with dorsal hyperkyphosis. The patient then, can relax and perform an abdomen breathing exercise getting concentrated on what is going on at low-back level: when breathing in, the low-back vertebare get more distanced from the cylinder, while breathing out the low-back vertebare get closer to it (1° phase). After laying for a while on the cylinder, the patient notices that as a result of the relaxation and of the gravity force , the curve is gradually reduced and the spinal chord gets into contact with the cylinder almost completely, without any effort. Half the weight is at the right side while the other is at the left and the spinal chord is required to adopt perfect symetri position on the central axis which represents a division into two equal halves of the human body. The upper limbs are let loose, abducted and turned outwards so that the elbows and wrists touch on the ground. In this way the chest muscles can be stretched in a passive way, the shoulders are unblocked and the dorsal kyphosis. ..."



Μ



MOBILIZING THE STRECHED LOMBAR RACHIS - A similar effect to the previous exercise is obtained by using two proprioceptive cylinders, placing them with a "T" shape, i.e. one perpendicular to the other. As you can see in the picture, once the position is reached, the gluteal muscles are contracted and relaxed a few times, so as to feel the difference between contraction and relaxation and get the most ease. The patient keeps this position for some minutes, while comfortable. To get up, the patient must raise the pelvis and only after moving away the cylinder that was placed underneath, must he roll away on his side.



MOBILIZING AND RELAXING WHILE STRETCHING - The same pleasant and efficacious position of relaxation while laying can be obtained by using two propriocettivi cylinders, placed as a "T", one perpendicular to the other. In this case the lordosi cervicale coincides with the convex surface of the cylinder itself, and the head, which is very close to the floor, produces, by its own weight, a natural traction for the cervical inter-vertebrae discs. For greater relaxation, the patient can roll the head lightly to the right and to the left for a few times.

? CHOICE OF UPHOLSTERY COLOR - important: always specify the upholstery code along with the chosen item when this option is available.